

**January 11<sup>th</sup>-17<sup>th</sup>**

**Kings & Queens pt.1**

**Intro:** There are approximately 108 kings and queens mentioned in the Bible. The Word of God has a lot to say about royalty. The first thing we need to recognize is that each one of us has been called by God to be a leader. You have a calling of leadership on your life. Rom 5:17- Through Jesus, we are called to reign in life. Reign means to; hold royal office as king or queen, rule, to lead, and to dominate. The most important person you can lead in life is yourself. If you cannot lead yourself well, then you cannot lead others well. Leading yourself well is so important because others are dependent on your leadership.

**I. Attention is your Greatest Currency**

- A. Currency is a medium of exchange for goods and services. Prov 19:20 (CEB)-” Pay attention to advice and accept correction, so you can live sensibly.” When someone asks you to pay attention, they will exchange your attention for information, goods, or services. When you focus, you’re spending limited cognitive energy that should be invested wisely. Attention is the currency of achievement. You should be receiving a good return on every investment of attention that you give.

**II. Eliminate Distractions to enhance your Focus**

- A. In this age of technology and information overload, the skill of focusing has become the new superpower. It is very easy for distractions to pull you away from your priorities and rob you of productivity. A distracted leader is an ineffective leader. You must have a plan to stay focused on your priorities in order to shut out and shut off the distractions (Prov 4:25). Distractions come weekly, daily, and hourly, but we must master the skill of shutting the door on them.

**III. Stay Committed to unlock your Effectiveness**

- A. Neh 6:3- Nehemiah was so committed to completing the wall of Jerusalem that he told all his detractors that he couldn’t stop until the work was completed. He would not stop the work to involve himself with the distractions. Stay committed to the 21-day fast and find out what God will accomplish in your life as you draw nearer to Him. After determining to not be distracted, it took Nehemiah and his team only 52 days to complete the wall. God wants to do a great work through you if you’ll stay committed to His plan.

**Discussion Questions**

1. What do you need to give your attention to in order to have a successful 2020?
2. What distractions have cost you the most amount of your time?
3. What commitments do you need to follow through on in 2020?