

**July 31<sup>st</sup> - August 6<sup>th</sup>**

**Mind Games pt. 7: A Beautiful Mind**

**Intro:** Our minds are capable of accomplishing incredible feats such as; believing, seeing, imagining, chasing, pursuing, daring, dreaming, and focusing. With all of the power of our minds available to us, we must make the choice to establish a mindset of victory. Our lives will go in the direction of our thoughts and emotions. With this in mind, we must renew our thoughts to the reality that we have the mind of Christ (1Cor 2:16). So now we can share in the plans, purposes, and perspectives of Christ.

**I. Switch Your Mind**

- A. It's time we switch our minds from; hurts, wounds, fears, stresses, pains, past issues, and guilt to courage, hope, and faith. We are the gatekeepers of our hearts and minds, and we must guard against thoughts that try to steal, kill, and destroy our peace (Prov 4:23). You are the one who is in charge of whether or not you have a good day, not your circumstances. You are in control of your own emotions. They can't rule over you without your permission. Stir up the thoughts of faith.

**II. Let Faith take the Steering Wheel of your Thoughts**

- A. Choose today to start owning where your life goes by taking authority on the inside. You are what you are today because of what you believed about yourself yesterday. See yourself as the victor and not the victim of your circumstances. God calls you the head, not the tail, above only and not beneath. (Deut 28:11). See yourself as a success going somewhere to succeed, and not a failure. See yourself as strong in the Lord, not a weak worm of the dust. The Lord sees you as more than a conqueror.

**III. Live with a Vision of Victory**

- A. Detox your mind of all the negativity and wounds of your past. Stop playing the victim card and blaming others for the wrongs in your life. Don't just play defense when it comes to guarding your mind from wrong, defeating, depressing thoughts. Start envisioning a life of purpose, victory, and impact. Imagine yourself as the victor in life reigning over your circumstances. Let your thoughts run wild with faith, possibility, and potential. Keep in mind that with God all things are possible (Matt 19:26).

**Discussion Questions**

1. What mindsets or trains of thought do you need to switch up in your mind?
2. What part of your life do you need to stir up your faith about?
3. What vision do you have set before you that is steering your life?