

**Feb 15<sup>th</sup>-21<sup>st</sup>**

**Kings & Queens pt.7: 7 Lies that Ruin your Relationships**

In this lesson you will learn three lies & three truths concerning your relationships.

**Intro:** John 8:44- There is no truth in the devil. When he lies, he speaks his native language, for he is a liar and the father of lies. The enemy does not have you to kill you, if he can just convince you of a lie. Once you believe a lie, it will start directing your; life, feelings, thoughts, and decisions. The enemy whispers lies that can derail your relationships, ruin your marriage, & ultimately destroy your life. The best way to combat the lies of the enemy is to know the Truth. John 8:31-32-you will know the truth, and the truth shall make you free.

**I. Lie #1- We're the Only ones going through This**

- A. So many times, we are tempted to believe this lie because so few people show their struggles & difficulties with others. Most of the time, we are bombarded by the highlights of other marriages & relationships that are posted on Facebook and Instagram. It seems that everybody else but you is living happily ever after. The truth is that everyone faces; trouble, difficulties, and challenges. 1 Pet 5:9- your family in Christ is going through the same struggles that you deal with.

**II. Lie #2- If it ain't broke Don't Fix It**

- A. If the relationship is not in crisis mode or at rock bottom, there is no need to make adjustments. Never live on cruise control just coasting in your relationships. The drifting begins when we stop doing the basics that keep the relationships strong. You have to make daily choices to take steps to strengthen your relationships. A healthy marriage requires regularly making improvements and adjustments. Be proactive & vigilante in guarding your relationships from the attacks of the enemy.

**III. Lie #3- We don't need Help**

- A. God has help readily available for you if you only ask. You have a 100% chance of success in your marriage when you invite God's plan into it. The truth is that asking for help does not make you weak, but actually makes you wise. Humility is the pathway to victory. We all have blind spots, and we all need help. Seek help for your relationship; through connect groups, conferences, counseling, books, prayer, and the Word of God (Prov 11:24).

**Discussion Questions**

1. Which of these three lies have you caught yourself believing?
2. What type of help do you need to incorporate in your relationship to strengthen it?
3. Are you on cruise control in your relationship?