

Victory Connect Lesson
Look at the Birds
Pastor Paul Daugherty
May 4, 2025

Key Passage: Matt 6:25-34 NKJV “Therefore I say to you, do not worry about your life, what you will eat or what you will drink; nor about your body, what you will put on. Is not life more than food and the body more than clothing? Look at the birds of the air, for they neither sow nor reap nor gather into barns; yet your heavenly Father feeds them...

Introduction: In this portion of the Scripture, Jesus addresses a common human experience: worry. If we are followers of Christ, anxiety and stress should not be dominating our life. Slow down and look at the Birds. If the Lord takes care of them, will He not take care of us?

1. Turn your worries into Prayers

Phil 4:6-7 Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.

2. Cast your care upon the ONE who cares for you

Psalm 55: 22 Cast your burden on the Lord,
And He shall sustain you; He shall never permit the righteous to be moved.

3. Partner with Jesus. He wants to come along side you to lead you.

Matt 11: 28-30 Come to Me, all *you* who labor and are heavy laden, and I will give you rest. Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. For My yoke *is* easy and My burden is light.”

4. Wait upon the LORD, He will strengthen you.

Isaiah 40:31 But those who wait on the Lord shall renew their strength; They shall mount up with wings like eagles, They shall run and not be weary, They shall walk and not faint

Discussion Questions:

1. What does it mean to “seek first” the kingdom of God in everyday life?
2. What are some things you tend to worry about that Jesus might be challenging you to trust Him with?
3. How do you displace anxiety and worry?

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Introduction: This is the red-letter teaching of Jesus, encouraging trust and not anxiety. If we are followers of Christ, anxiety and stress should not be dominating our life. Slow down and look at the Birds. If the Lord takes care of them, will He not take care of us?

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