

Victory Connect Lesson
Earthquakes, Buffaloes, and Healing from Trauma
Pastor Paul Daugherty
February 4, 2024

Key Passage: Ps 133:1 Behold, how good and how pleasant [it is] for brethren to dwell together in unity!

Introduction: Earthquakes are the result of unresolved issues beneath the earth's surface. Earthquakes are destructive and disruptive. They separate people by dividing the land. We need to be healed from unresolved trauma so we can live in unity with the brethren and share in the commanded blessing.

1. Forgiveness is not a suggestion; it is a command.

[Mat 18:21-22 KJV] 21 Then came Peter to him, and said, Lord, how oft shall my brother sin against me, and I forgive him? till seven times? 22 Jesus saith unto him, I say not unto thee, Until seven times: but, Until seventy times seven.

2. We all have trauma (painful distressing events) in life.

[Jhn 16:33 NET] 33In the world you have trouble and suffering, but take courage - I have conquered the world."

3. Joseph was terribly mistreated by his brothers.

[Gen 37:18 NET] 18 Now Joseph's brothers saw him from a distance, and before he reached them, they plotted to kill him.

4. Bitterness is contagious, it will keep you locked up in the past. It will close doors God wants to open.

[Heb 12:15 KJV] 15 Looking diligently lest any man fail of the grace of God; lest any root of bitterness springing up trouble [you], and thereby many be defiled;

5. Joseph forgave his brothers. [Gen 45:5 KJV] 5 Now therefore be not grieved, nor angry with yourselves, that ye sold me hither: for God did send me before you to preserve life.

6. Who do we need to forgive?

- a. Forgive others.
- b. Forgive God.
- c. Forgive ourselves.

Discussion Questions:

1. How do you treat those who have hurt you?
2. Share a time God empowered you to forgive?
3. Is there someone you need to forgive today?

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