# August 3rd-9th

## **Face It- Pastor Paul**

**Intro:** What are you facing, and what is facing you? Wherever God places you, He graces you to face it. It might seem overwhelming and intimidating, but God has graced you to face it. Whatever you're facing, don't run away from it. Face it head on. Isaiah 43:2- you cannot go through something you are not willing to face. There are mainly four things that hold us back from facing our problems; fear, anxiety, depression, and shame. Avoidance of our problems will never solve them. We can only overcome them with God's grace as we face them head on.

#### I. Face it with Focus

A. Neh 6:3-4 Nehemiah told his detractors that he could not come down from the great work that God had called him to do. His enemies wanted him to lose focus and become entangled in distractions. David was not sidetracked or distracted by his brothers when he faced Goliath. God is calling us to forget the past and look forward to what lies ahead.

# II. Face it within Godly Community

A. 1 Sam 22:1-2 David had a friend named Jonathan during his highs and lows. Then he had a group of men who helped him while he ran for his life away from king Saul. Be a friend to those who are facing something tough. Be purposeful in helping others fulfill their vision. Take time today to build up, strengthen, and encourage those around you.

### III. Face it with Faith

A. Matt 6:27,34 – The Lord our father has you under his care. He takes care of the birds, and He will surely take care of you. Psa 27:1- the Lord is with you, whom should you fear? Get your confidence in God's power over your situation. Face the facts with faith. You must face it, but you don't have to carry it. Cast all your cares on Him (1 Pet 5:7). Place your faith in the size of your God, not the size of your problem.

# **Discussion Questions**

- 1. What wounds or hurts of the past have you hidden instead of facing head on?
- 2. What giant problem have you ignored or run away from?
- 3. What does God's Word have to say about the big problem you are facing today?