

**June 19<sup>th</sup> - 25<sup>th</sup>**

## **Healing the Man's Mind: Father's Day Message**

In this lesson you will learn three ways that God bring healing to the mind.

**Intro:** Everything starts in the mind. Our greatest successes and our greatest failures come from our minds and originate in our thoughts. As a man thinketh, so is he (Prov 23:7). The mind is the engine for the life. It is where; the ideas, actions, contemplations, meditations, feelings, and desires are all prepared and released. The state of your mind is a good condition of your future actions. The mind is in connection with the heart. What happens in your heart produces thoughts in your mind and vice versa. Our mind is what the devil uses to contaminate our heart. There are three things that Jesus will use to bring healing to your mind.

### **I. The Presence of Jesus**

- A. When Jesus crossed over the sea to the region of the Gerasenes, he met a man that was demonized living in isolation amongst the tombs. After spending just a few minutes in the presence of Jesus, the man was set free from a multitude of tormenting spirits and restored back into a sound mind. All of his self-destructive habits were broken, and his need to self-isolate were broken off of him due to his encounter with Jesus (Mark 5:15). Spending personal, quality time in God's presence can also set you free and restore your sound mind.

### **II. The Words of Jesus**

- A. The apostle Paul went through very many difficulties and struggles in order to get to his final destination of Rome. In the midst of all of his troubles, he was able to hang onto the words the Lord gave him of arriving and testifying in Rome (Acts 23:11). Paul went through delays at sea, storms on the sea, shipwreck, and snake bite before getting to Rome. Even though we may face our own contrary circumstances and difficulties, we can rest assured in the promises of the Lord that God is not a man that he should lie. If we will hold fast to the profession of our faith through the storms, we will come out with the manifestation of the promise.

### **III. The Deliverance of Jesus**

- A. After God had delivered Paul and the crewmen from the storm of the sea and the shipwreck, they swam ashore to the island of Malta. While they were gathered around the campfire, Paul was bitten by a snake, but the venom had no adverse effect on Paul. After this deliverance from the snake, the people of the island started to honor Paul. Paul then prayed and allowed God to use him to bring healing to the father of Publius. Once he was healed, many other islanders came and received deliverance from their sicknesses and diseases through Paul. Even in the shipwrecks of life, God was able to bring deliverance to the inhabitants of the island of Malta. God can use you as a willing vessel to bring deliverance to people in your delays and in your difficulties.

### **Discussion Questions**

1. Are you spending quality time in the presence of God on a daily basis?
2. Are you meditating on the Word of God regularly?
3. Are you allowing God to use you to bring salt & light to those around you?