

Victory Connect Lesson
The Pace of Purpose
Pastor Paul Daugherty
June 23, 2024

Key Passage: Heb 12:1b NKJV ...let us lay aside every weight, and the sin which so easily ensnares [us], and let us run with endurance the race that is set before us,

Introduction: Are you living a stressed and hurried life running to and fro? Or are you walking with the Lord in “the cool of the day”? Our life on this earth is not a sprint but a marathon. Fully accomplishing our divine purpose requires that we learn to run at our God-given pace.

1. Focusing on Jesus gives us the correct perspective.

Heb 12:2-3 NKJV - 2 looking unto Jesus, the author and finisher of [our] faith,... 3 For consider Him...

2. Things that can derail your purpose: Toxic discontent, restlessness, wanderlust, technology addiction, purpose fatigue, drinking from the wrong source.

How to Live in the Pace of Your Purpose

1. Get a good support system.

Exo 17:12 NKJV But Moses' hands [became] heavy; so they took a stone and put [it] under him, and he sat on it. And **Aaron and Hur** supported his hands, one on one side, and the other on the other side;...

2. Spend un-rushed time in God's presence.

Luk 10:41-42 NKJV - 41 And Jesus answered and said to her, "Martha, Martha, you are worried and troubled about many things. 42 "But one thing is needed, and Mary has chosen that good part,..."

3. Take time for rest and celebration on a weekly basis.

Mar 2:27 NKJV And He said to them, "The Sabbath was made for man, and not man for the Sabbath..."

4. Live with a thankful spirit every day.

Psa 150:6 NKJV Let everything that has breath praise the LORD. Praise the LORD!

5. Get refueled and refreshed daily.

Mat 11:28 NKJV "Come to Me, all [you] who labor and are heavy laden, and I will give you rest..."

Discussion Questions:

1. Share a time you knew you were running low?
2. How is your pace? Is it a sprint or a marathon?
3. Share a time the Lord renewed your strength?

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