

February 2nd - 8th

Red Flags pt.1: How to Spot the Red Flags

In this lesson you will learn three ways to discern red flags in relationships.

Intro: This series is about helping you and I win in our relationships; in marriage, in dating, in parenting, in who you love and in how you love. It is time to help people navigate the tough and rough unspoken feelings in a relationship that must be confronted in order for the relationship to thrive. This series will help you to sharpen your discernment. Learn to look out for the red flags in yourself and in others that could damage the destiny God has for you and your relationships.

I. You must have Ears to Hear

- A. Prov 4:6-7- We must have ears that are willing and ready to listen to Godly advice and wisdom. We need humble ears willing to submit to Godly authority in our lives to guide us in relationships. Who has your ear? Are you confusing the warnings of a friend as them just hating on you? Take a moment to listen without becoming defensive. Just listen and consider the warnings of your friends and family.

II. You must have Eyes to See

- A. Prov 27:12- Are your eyes wide open in the relationship? You can have eyes of pride versus eyes of humility, or eyes of suspicion versus eyes of compassion. The enemy wants to cover your eyes, ears, and heart to the truth. Pay attention to the warning signs. How does the other person treat other people? Do you see only their good side? Have you noticed their behavior in a variety of settings and situations?

III. You must have a Heart to Receive

- A. If your heart is not flexible, moldable, and pliable then you will miss many red flags and possibly run into disaster. Listen and watch out for the red flags. Healthy relationships have conversations before there are confrontations about the red flags. Have conversations to seek understanding, clarity, and to discover truths about each other. Don't lose your sensitivity, but stay sensitive to hear God's voice (Eph 4:19).

Discussion Questions

1. Have you ever gone too fast or too far into a relationship?
2. Have you ever ignored red flags in past relationships?
3. Is your heart already decided on a relationship, or is it pliable?