

October 2nd - 9th

Faith in the Wild pt. 5: Movement is Life

In this lesson you will learn three ways to keep moving forward.

Intro: Keep moving forward. Scientists, doctors, and psychologists have discovered that movement truly is life. It literally changes your mental, emotional, and mental state for the better. The more you move, the less depressed you are. The more you move, the less arthritis affects you. Humans are meant to move. Yet the sedentary lifestyle has now become the norm. Life is all about movement. Make sure that your movement is not sideways, backwards, or downwards, but forward. We were not born to survive in place, but to move onwards with Jesus and thrive in life. It's time to advance.

I. Move with Faith

- A. The main hindrances to stepping out in faith and soaring in your God given potential is; the fear of man, the fear of lack, and the fear of the unknown. Many have lost their boldness. It's time to stir up the spirit of faith into flame again (2 Tim 1:6). Get your faith burning brightly again by feeding on the Word. Move forward in faith by taking the next step God is leading you to take. Step out of your comfort zone and into the faith zone.

II. Move with Obedience

- A. What's holding you back? Don't try to hold onto a piece of your past that God is asking you to let go. It's time to cut off those things holding you back from your destiny. Move with obedience as God gives you steps of faith to take. So often we let the difficulties of the natural stifle the breakthroughs of the supernatural. Hope moves us to action. We must use our eyes of faith and see the promise fulfilled before it manifests in the natural (Psa 27:13). Our obedience to God in our steps of faith lead us directly to our promised land.

III. Move with Surrender

- A. God is more impressed with our surrender than He is with our success. The best move you can make right now is a move of humility, a move of repentance, a move of surrender to God. A move of surrender acknowledges your dependency on God. As you lean on and depend on God more, you will access His grace and mercy more in your life. God gives grace and favor to the humble, but He opposes the proud (James 4:6). Surrender may feel hard on your flesh, but it will bring joy and peace to your soul.

Discussion Questions

1. What step of faith is God leading you to take now?
2. What have been the results of your obedience to God in the past?
3. Can you surrender to God and operate in pride at the same time?